- 1. A composition comprising:
  - (1) sucrose;
  - (2) fructose;
  - (3) pectin; and
  - (4) water,

wherein the ratio of sucrose: fructose: pectin is about 43 to about 53: about 43 to about 53: about 3 to 5, respectively by weight.

- 10 2. The composition of claim 1, further comprising one or more flavor agents.
  - 3. The composition of claim 2, further comprising one or more juice concentrates.
  - 4. The composition of claim 3, further comprising one or more vitamins or vitamin sources.
  - 5. A composition comprising:
    - (1) sucrose;
    - (2) fructose; and
    - (3) pectin,

wherein the ratio of sucrose: fructose: pectin is about 43 to about 53: about 43 to about 53: about 3 to 5, respectively by weight.

- 6. The composition of claim 5, further comprising one or more flavor agents.
- 7. The composition of claim 6, further comprising one or more juice concentrates.
  - 8. The composition of claim 7, further comprising one or more vitamins or vitamin sources.
  - 9. The composition of any of claims 5-8, further comprising one or more sweetness enhancers.

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- (1) 25-30% by weight, cranberry juice;
- (2) sucrose;
- (3) fructose;
- (4) pectin; and
- (5) water,

wherein the ratio of sucrose: fructose: pectin is about 43 to about 53: about 43 to about 53: about 3 to 5, respectively by weight, and wherein the composition has a brix value of 8 to 10, has 100-120 calories per 8 ounce serving, has 25 to 60 milligrams of proanthocyanidins per 8 ounce serving, and is free of artificial sweeteners.

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